

5.0 Nutrition Services

Effective Date: 11/06/14

5.05 Interim Nutrition Education, Client Feedback and Support

PURPOSE: Interim Nutrition Education occurs during the certification period at times other than certification/recertification and infant/child evaluation appointments. Interim nutrition education provides WIC staff an opportunity to support and extend the client's learning and behavior change. Interim Nutrition Education can strengthen the WIC nutrition education process over time and improve client health outcomes.

A. POLICY

1. Interim Nutrition Education includes group, individual or self-directed education activities. Interim Nutrition Education may be provided through a nutrition education collaboration. (See Policy 5.08, Nutrition Education Collaboration).
2. Self-directed activities include nutrition education malls, online education, or take-home education lessons. These activities allow clients to select areas of interest, review nutrition education modules/lessons, and evaluate their learning.
3. Telephone contacts are allowed as a support for breastfeeding mothers/infants (See Policies 4.01, Breastfeeding Promotion, Protection and Support and 5.02, Nutrition Education Contacts).
4. Interim nutrition education must be documented in the MI-WIC system (See Policy 5.07, Documentation of Nutrition Education).
5. Interim Nutrition Education must be reviewed with the client (face-to-face, electronically, or via telephone) at the time of the education, or at the client's next face-to-face appointment. This provides the client an opportunity to discuss the behavior changes that have been implemented, and allows the CPA or RD to provide additional support and education to achieve desired changes (See Policy 5.07, Documentation of Nutrition Education).

References:

Federal Regulations 246.11 (e)

Cross-References:

- 4.01 Breastfeeding Promotion, Protection and Support
- 5.02 Nutrition Education Contacts
- 5.07 Documentation of Nutrition Education
- 5.08 Nutrition Education Collaboration